

UPDATED GUIDELINES FOR RESUMING EQUESTRIAN COMPETITION ACTIVITIES IN A COVID-19 ENVIRONMENT – 18 AUGUST 2020

ALL ATHLETES COMPETING AT SHOWS MUST BE REGISTERED AND PAID UP WITH SAEF FOR 2020

These guidelines aim to provide an operational framework to support members, in facilitating a healthy and safe return to all equestrian shows and events.

It is important to note that the resumption of the various equestrian disciplines must be in accordance with the SA Government regulatory requirements, along with the South African Equestrian Federation's COVID-19 document approved by government to resume training and competitions . These processes have been developed with the best interests of all participants, their families, and communities in mind.

These guidelines will continuously be updated as and when necessary.

A. Responsibility of Riders and Athletes

1. All SAEF members are required to take personal responsibility for their own health, safety, and wellbeing and the 'impact on others' during the resumption of all equestrian training and competition activities.
2. All SAEF members must comply with all SAEF COVID-19 requirements to participate in the resumption of equestrian training and competition activities.
3. Adhere strictly to the SAEF and SA Government Covid-19 regulations and protocols to protect others and stop COVID-19 spread by:
 - a. practising good hygiene, sanitising
 - b. Wear a facemask,
 - c. physical distancing,
4. If you are or have experienced any of the following, it is your responsibility to declare to the designated COVID Compliance Officer if:
 - a. you are experiencing flu-like symptoms, sore throat, loss of taste or smell, cough, shortness of breath or high temperature
 - b. you have been in contact with an unwell person in the past 14 days, please stay at home and do not attend a show or event
5. If you become unwell following attendance at an equestrian training or competition activity it is your responsibility to:
 - a. seek medical advice
 - b. contact the event organiser to ensure contact tracing can be done.

CONSTITUENT MEMBERS: All Discipline Associations, Associate Members and Athlete's Commission & Provincial Federations

President: Adv Willem Edeling (SC)
Vice President: Hannes van Aswegen
Secretary General: Wessel Strauss
Treasurer: Neil Smith
Athletes' Rep: Vacant
Associates Rep: Sandra Copeland

Legal: Adv Johann Raubenheimer
Discipline Associations Rep: Robert Lord
Jaap Lotter
Provincial Federation Rep: Sakkie van Niekerk
Theresa Greyling
Rosemary Bartlett
Lead Coach:

6. Riders may only be accompanied by:
 - a. 1 Groom per horse
 - b. the driver of your horse box/trailer, who must remain in or at the vehicle during the show. A Parent or Guardian in the case of members under 18
7. When unmounted, all prescribed COVID-19 hygiene and physical distancing protocols must be maintained, e.g. wearing of masks.
8. Riders must be checked upon entry of venue and information regarding temperature, masks, etc must be recorded in the SAEF Covid-19 Compliance register.
9. Riders must ensure that they complete and submit the SAEF pre-screening document for each show or event.
10. **Riders may warm-up and compete without a mask.** Riders must return to his/her parking spot upon completion of his/her round to untack. **A cool down period of 15 minutes is allowed, and the rider should then leave the premises as soon as possible afterwards.**
11. **Riders may cross borders for training and competitions/events/rides.**
12. **Overnight camping and stabling are allowed within strict guidelines.**

B. Organising Committees, Officials, Clubs and/or Coaches

Planning of shows or events

1. Ensure that you have a designated and appropriately trained person appointed as your Compliance Officer. He/she will handle the implementation and monitoring of all agreed and documented COVID-19 Safety requirements.
2. Effective planning supports proactive COVID-19 safety management processes. Consider the number of riders for each class, bearing in mind that **there may only be the maximum individuals attending as indicated for the venues as per the schedule below, including grooms, instructors, media, officials, technical officials, and support staff.** This will require planning and management of human interactions to mitigate the risk of COVID-19 contamination.
3. Ensure that schedules reflect information as set out in **'What must be included in your Show Schedule'** below.
4. Ensure that the Covid-19 compliance register is prepared for all riders and support personnel to sign upon entry of the venue, in order to undertake swift contact tracing if required.
5. Ensure that the COVID-19 pre-screening form is made available to all attendees.
6. Vendors are allowed - adhering to strict Covid-19 guidelines

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NPO - 071-702 | VAT Number: 4700262068

6. Ensure that signage is placed around the venue to ensure everyone is aware of the current regulations, designated areas, and protocols at the events.
7. Ensure that sanitising stations are put in place and are highly visible.
8. Ensure that arrival and departure times of all attendees are monitored to reduce traffic congestion, promoting a COVID-19 safer environment.
9. Meticulous scheduling of classes is important to ensure you can accommodate maximum participation for your show to be viable. **There may not be more than the maximum individuals attending as indicated for the venues as per the schedule below, including riders, instructors, technical officials and officials, support staff, grooms, medical and media, on site at any given time. No spectators.**
Take special note of:
 - a. arrival and departure times of riders
 - b. warm-up requirements
 - c. cool-down and horse welfare needs
 - d. leaving the venue timeously
10. All documentation and payments (entries, prizemoney, etc.) should be online where possible.
11. Disseminate relevant COVID-19 procedures that will be used during a show prior to the day to all riders, either online, or via email.
12. Traveling to shows must be done within the Government guidelines. **Crossing of provincial borders is allowed.**
13. **Camping is allowed - maximum 4 per tent/caravan - tents/caravans 10m apart**
14. Coaches and /or officials may travel permit for work or generating an income.
15. Encourage all attendees to comply with all COVID-19 specific equestrian show protocols and guidelines.
16. Ensure that all relevant surfaces are sanitised before the show/event/ride starts.
17. **Overnight stabling is allowed - adhering to strict Covid-19 regulations**

During Show or Event

1. Venue/Show arrival / departure require restricted access and risk management protocols

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2. All facility (venue) entry and exits points and toilets require access to hand sanitising stations. All riders must be informed (either directly or through signage) to thoroughly clean these areas before and after entry/exit with suitable COVID-19 deep cleaning products.
3. The Showholding Body must constantly reinforce the importance of physical distancing and strict hygiene protocols during the show/event via announcements.
4. Prominent signage must be displayed which communicates physical distancing requirements, traffic flow, hygiene stations and venue specific rules.
5. A distance of 2m should be maintained between riders, officials, and all other individuals at all times while at the venue.
6. **Spectators are not permitted.**
7. A distance of 5m should be adhered to for parking between floats, trucks, and other vehicles. A parking plan would assist in reducing unnecessary people interactions.
8. All riders and attendees must be encouraged to bring their own drinking water (both horse and human) and pre-packaged food.
9. The sharing of any tack or equipment is to be discouraged.

Food Facilities during shows/events/rides

1. Canteen type facilities must comply with Government regulations.
2. Where a food facility is required the following guidelines must be followed:
 - a) All physical distancing measures must be implemented for food service.
 - b) All food facilities must be thoroughly deep cleaned according to COVID-19 cleaning requirements.

Show Administration and Official Safety

1. Ensure that items that are regularly touched in the show office are cleaned and sanitised regularly during the show, e.g. clipboards, pens, writing surfaces, computers, tablets, two-way radios, cell phones, microphones, etc.
2. Ensure that there is hand sanitiser for show officials and admin staff.
3. Shows/events should be run on a 'show and go' basis.

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4. It is advised that food and water are delivered to the officials in pre-packaged containers, to maintain hygiene and physical distancing requirements.
5. Ensure that stewarding processes, announcing, record keeping, scribes, results handling etc. are streamlined to minimise person-to-person contact and maintain physical distancing.

Arriving at and Leaving the Show/Event

1. Riders and support staff should not arrive early (or change their scheduled arrival time) unless discussed with the showholding body and approved.
2. All riders and support staff are required to immediately vacate the grounds following the completion of their class/round.
3. All unnecessary group collaboration must to be discouraged

C. What must be included in Showholding Schedules

This show will be run under COVID-19 restrictions.

1. All riders, officials, staff, support staff and medics agree and confirm to comply with the SA Government and SAEF Covid-19 guidelines and protocols as set out on the SAEF website www.saef.org.za when entering a show/event.
2. A rider may only be accompanied by the driver trucking the horse and a groom. Where the rider is trucking the horse themselves, then only the groom may accompany the rider. Where necessary additional groom/s to attended horse/s. In the case of underage riders, they may be accompanied by one parent or guardian. **No spectators are allowed.**
3. All attendees will be obliged to report to the COVID 19 Officer/employee, upon entry of the premises to sign the register, sanitise their hands, and have their temperature taken and recorded. The name of the Compliance Officer will be indicated on the schedule. **Showholding bodies to get clearance and permission from the Compliance Officer to add their contact number to the schedule as well.**
4. It is compulsory for all attendees to wear masks on the property at all times and adhere to social distancing protocols.
5. There will be no prize giving ceremony allowed, prize money by EFT- at the discretion of the show holder. Results will be posted online or provided by email.

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6. Although the Showholding Body has taken all necessary precautions to ensure compliance to Covid-19 protocols and guidelines as stipulated by the Department of Health, it is important to note that neither the Showholding Body, nor SAEF can be held responsible for any person contracting COVID-19 at the said venue. All attendees are entering the venue at their own risk.
7. Should any attendee at the show contravene any of the Covid-19 regulations, then he/she will be asked by the Covid-19 Compliance Officer to leave the venue immediately. There will be no refunds for show entries.
8. **Riders may warm-up and compete without a mask.** Riders must return to his/her parking spot upon completion of his/her round to untack. **A cool down period of 15 minutes is allowed, and the rider should then leave the premises as soon as possible afterwards.**
9. Catering will be available under extremely strict COVID-19 protocols.

Regards



Wessel Strauss
Secretary General – SAEF

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SHOWHOLDING BODIES

Please advise if your venue is not included. Please note that no Polo or Polocrosse matches are allowed as these disciplines fall under contact sport.

* All ENDURANCE EVENTS AND RIDES MAY ACCOMMODATE UP TO 250 INDIVIDUALS including riders, instructors, technical officials and officials, support staff, grooms, medical and media, on site at any given time. No spectators.

SHOWHOLDING BODY	PURPOSE	PART PER DAY	PROVINCE	MUNICIPAL DISTRICT	CITY	SUBURB	POSTAL CODE
BORDER EQUESTRIAN CLUB	Training & Official	50-150	EASTERN CAPE	Buffalo City Metropolitan	East London	East London	5200
ARION EQUESTRIAN CENTRE	Training & Official	50-100	GAUTENG				
5 TH AVENUE EQUESTRIAN CENTRE	Training & Official	50-100	GAUTENG	Ekhureleni	Benoni	Benoni	1501
ASCOT STABLES	Training & Official	50-100	GAUTENG	City of Johannesburg	Midrand	Kyalami	1684
BATHURST EQUESTRIAN CLUB	Training & Official	50-100	EASTERN CAPE				
BEKER EQUESTRIAN ACADEMY	Training & Official	50-100	GAUTENG	Tshwane	Tshwane	Boschkop	
BLOEMFONTEIN EQUESTRIAN CENTRE	Training & Official	50-100	FREE STATE	Mangaung Metropolitan Municipality	Bloemfontein	Bloemfontein	9300
BLOUBERG EQUESTRIAN CENTRE	Training & Official	50-150	LIMPOPO	Capricorn	Vlvo	Vlvo	0924
BOTHA WIL STALLE	Training & Official	50-100	GAUTENG	Tshwane	Tshwane	Tshwane	
BURLINGTON STABLES	Training & Official	50-150	GAUTENG	City of Johannesburg	Midrand	BlueHills	1685
CANTERBURY EQUESTRIAN CENTRE	Training & Official	50-100	KWAZULU NATAL	Umgungundlovu	Pietermaritzburg	Pietermaritzburg	3650
CORNERSTONE	Training & Official	50-100	GAUTENG	Midrand	Johannesburg	Midrand	1685
CRYSTAL RIDGE STABLES	Training & Official	50-100	GAUTENG				
CONSTANTIA VALLEY RIDING CLUB	Training & Official	50-100	WESTERN CAPE	City of Cape Town Metropolitan	Constantia	Constantia	7848
DÉJÀ VU EQUESTRIAN	Training & Official	50-100	WESTERN CAPE	Eden	George	George	6529
DOLCOED EQUESTRIAN	Training & Official	50-100	KWAZULU NATAL	uMgungundlovu	Lidgetton	Lidgetton	3270
DUNBLANE EQUESTRIAN CENTRE	Training & Official	50-100	GAUTENG	Ekhureleni	Benoni	Benoni	1501
EATON FARM	Training & Official	50-200	GAUTENG	City of Johannesburg	Midrand	BlueHills	1685
EQUIDOME	Training & Official	50-100	GAUTENG	City of Johannesburg	Midrand	Beaulieu	1684
EQUIVEST CENTRE	Training & Official	50-100	GAUTENG	Sedibeng	Meyerton	Henley-on-Klip	1873
ESP SHOWS	Training & Official	50-200	KWAZULU NATAL				
EUROPA EQUESTRIAN CENTRE	Training & Official	50-100	WESTERN CAPE	City of Cape Town Metropolitan	Malmesbury	Philadelphia	7304
FAIRFIELDS STABLES	Training & Official	50-100	GAUTENG	Ekhureleni	Boksburg	Boksburg	1459
FLAMINGO EQUESTRIAN	Training & Official	50-100	NORTHERN CAPE	Frances Baard	Kimberley	Kimberley	8300
FORESYTE SHOWS	Training & Official	50-200	KWAZULU NATAL				
FOURWAYS EQUESTRIAN CENTRE	Training & Official	50-150	GAUTENG	City of Johannesburg	Midrand	Lanseria	1748
GALLOPING WINDS	Training & Official	50-150	KWAZULU NATAL				
GEORGE EQUESTRIAN CLUB	Training & Official	50-150	WESTERN CAPE	Eden	George	George	6529
GLENELLEN FARM	Training & Official	50-100	WESTERN CAPE	City of Cape Town Metropolitan	Cape Town	Hout Bay	7806
GOLDFIELDS EQUESTRIAN CENTRE	Training & Official	50-100	FREE STATE				
GRAHAM'S TOWN RIDING CLUB	Training & Official	50-100	EASTERN CAPE	Makana Municipality	Grahams Town	Grahams Town	6139
GRIFFINS HORSE ARCHERY	Training & Official	50-100	WESTERN CAPE	Overberg	Wolvengat		
HIGHVELD EQUESTRIAN CENTRE (BADPLAAS)	Training & Official	50-100	MPUMALANGA	eMwanzana	Badplaas	Badplaas	1190
HIGHLANDS EQUESTRIAN CENTRE	Training & Official	50-100	GAUTENG	Tshwane	Tshwane	Pretoria East	0043
HIGHWAY SHOWS	Training & Official	50-200	KWAZULU NATAL	eThekwinini Metropolitan			
HOLLYBERRY EQUESTRIAN	Training & Official	50-100	GAUTENG	City of Johannesburg	Midrand	Kyalami	1684
HOMESTEAD EQUESTRIAN CENTRE	Training & Official	50-100	EASTERN CAPE	Sarah Baartman	St Francis Bay	St Francis Bay	6312
INANDA COUNTRY BASE AND CLUB	Training & Official	50-100	GAUTENG	City of Johannesburg	Midrand	Kyalami	1684
KARKLOOF EQUESTRIAN	Training & Official	50-100	KWAZULU NATAL	Umgungundlovu	Howick	Karkloof	3290
KAWENA EQUESTRIAN CENTRE	Training & Official	50-100	GAUTENG	City of Johannesburg	Midrand	Sun Hills	1685
KIMBERLEY EQUESTRIAN CENTRE	Training & Official	50-100	NORTHERN CAPE	Frances Baard	Kimberley	Kimberley	8300
KOUGA RIDING CLUB	Training & Official	50-100	EASTERN CAPE				
KYALAMI PARK CLUB	Training & Official	50-200	GAUTENG	City of Johannesburg	Midrand	Kyalami	1684
LEGACY EQUESTRIAN CENTRE	Training & Official	50-100	FREE STATE				
MANOR D'OR RIDING CENTRE	Training & Official	50-100	GAUTENG	City of Johannesburg Metropolitan	Midrand	Knopjesaagle	2014
MAPLE RIDGE EQUESTRIAN CENTRE	Training & Official	50-200	GAUTENG	Wesrand	Krugerdsorp	Kromdraai	1739
MATAFFEN RIDING CLUB	Training & Official	50-100	MPUMALANGA	Ehlanzeni	Mbombela	Mbombela	1205
MEIN HEIM EQUESTRIAN CENTRE	Training & Official	50-100	NORTHERN CAPE	Frances Baard	Kimberley	Kimberley	8301
MISTICO EQUESTRIAN CENTRE	Training & Official	50-150	WESTERN CAPE	Cape Winelands	Paarl	Paarl	7620
MISTY MEADOWS EQUESTRIAN CENTRE	Training & Official	50-150	GAUTENG	Tshwane	Tshwane	Tshwane	
NOORDHOEK RIDING CLUB	Training & Official	50-100	WESTERN CAPE	City of Cape Town Metropolitan	Noordhoek	Noordhoek	7979
NORTHERN FARMS EQUESTRIAN	Training & Official	50-120	GAUTENG	City of Johannesburg Metropolitan	Midrand	Knopjesaagle	2014
NOTTINGHILL EQUESTRIAN CLUB	Training & Official	50-100	MPUMALANGA				
OAK SPRINGS FARM	Training & Official	50-100	KWAZULU NATAL	Umgungundlovu	Mool River	Mool River	3300
OLYMPIA ESTATE EQUESTRIAN CLUB	Training & Official	50-150	WESTERN CAPE				6530
PENBRITTE EQUESTRIAN CLUB	Training & Official	50-200	GAUTENG	Sedibeng	Eikenhof	Eikenhof	1872
PIENAARS DAM	Training & Official	50-150	MPUMALANGA	Nkangata	Middelburg	Middelburg	1055
PLETTENBERG BAY EQUESTRIAN	Training & Official	50-100	WESTERN CAPE	Eden	Plettenberg Bay	Plettenberg Bay	6600
PORT ELIZABETH RIDING CLUB	Training & Official	50-150	EASTERN CAPE	Nelson Mandela Bay Metropolitan	Port Elizabeth	Lorraine	6070
RAZDI RIDING CLUB KATHU	Training & Official	50-100	NORTHERN CAPE	John Taolo Gaetsewe	Kgalagadi	Kathu	8446
REVIL STABLES	Training & Official	50-100	LIMPOPO	Capricorn	Polokwane	Polokwane	0700
RIVENDÉLL STUJ	Training & Official	50-100	WESTERN CAPE	Cape Winelands	Stellenbosch	Kylemore	7601
RIVERLEIGH EQUESTRIAN	Training & Official	50-100	GAUTENG	Wesrand	Krugerdsorp	Kromdraai	1739
SANDRINGHAM FARM	Training & Official	50-100	WESTERN CAPE	Cape Winelands	Stellenbosch	Klaarputs	7599
SHONGWENI CLUB	Training & Official	50-200	KWAZULU NATAL	eThekwinini Metropolitan	Assegay	Assegay	3610
STABLE VALLEY EQUESTRIAN	Training & Official	50-100	GAUTENG	Sedibeng	De Deur	De Deur	1884
STELLENBOSCH DISTRICT RIDING CENTRE	Training & Official	50-150	WESTERN CAPE	Cape Winelands	Stellenbosch	Stellenbosch	7599
STEYN CITY EQUESTRIAN CENTRE	Training & Official	50-100	GAUTENG	City of Johannesburg	Midrand	Kyalami	1684
STOKKIESDRAAI EQUESTRIAN CENTRE	Training & Official	50-200	NORTH WEST	Bojanala	Brits	Brits	0268
SUNLANDS STABLES	Training & Official	50-100	GAUTENG	City of Johannesburg			
TÉROUGES EQUESTRIAN	Training & Official	50-100	GAUTENG	Tshwane	Tshwane	Pretoria East	0043
THANDEKA STABLES	Training & Official	50-100	WESTERN CAPE	West Coast	Melkbosstrand	Melkbosstrand	7441
THE BURGH EQUESTRIAN	Training & Official	50-100	GAUTENG	Tshwane	Tshwane	Pretoria East	0043
TRIPLE P SHOWS	Training & Official	50-200	KWAZULU NATAL	eThekwinini Metropolitan	Assegay	Assegay	3610
UNDERBERG CLUB	Training & Official	50-100	KWAZULU NATAL	Harry Gwala	Underberg	Underberg	3257
UPLANDS EQUESTRIAN CLUB	Training & Official	50-100	GAUTENG				
YHPS	Training & Official	50-150					
VADERLANDSCHÉ RIETVLEI EQUESTRIAN	Training & Official	50-100	WESTERN CAPE	City of Cape Town Metropolitan	Philippi	Philippi	7750
VAL DE VIE EQUESTRIAN	Training & Official	50-100	WESTERN CAPE	Cape Winelands	Paarl	Paarl	7620
VAN RYN EQUESTRIAN CENTRE	Training & Official	50-100	GAUTENG	City of Ekurhuleni Metropolitan	Benoni	Cloverdene	1501
WINDSONG EQUESTRIAN CENTRE	Training & Official	50-100	EASTERN CAPE	Sarah Baartman	Port Alfred	Port Alfred	6170