

**CURRICULUM VITAE  
OF  
DAVID GIDEON KOK**

- 1. PERSONAL PARTICULARS:** David Gideon Kok  
15 April 1981  
South African  
Male  
Married
- 2. SCHOOL & TERTIARY EDUCATION:** 2000 Senior Secondary School/Pescodia/Kimberley  
2003 Military/Pretoria/Murray hill/SA Army Gymnasium/Army College  
SANDF 2003/01/20 till 2018/10/31
- 3. CAREER & OTHER MUSTERINGS:** 10 Anti-Aircraft Regiment Kimberley  
Northern Cape (Provincial) Military Sports Club Chairperson  
Chief Physical Training Sports Recreation  
JPTSR Centre PTA (Joint Physical Training Sports & Recreation)  
Personal or Physical Trainer/Swim Instructor  
Sports Administrator/Management  
Aerobics training Instructor  
Sport Injuries First Aid  
First Aid 1-4  
ETDP/Facilitator/Moderator  
Taekwondo Master 3<sup>rd</sup> Dan  
Mix Martial Arts Instructor  
Master Trainer Instructor  
2011/2012/2013/2014/2015/2016  
SFC (S.A. Army Special Forces School)  
Self-defense/Armed and Unarmed Combat  
Close and Ground Fighting Expert Training
- 4. OPERATIONAL HISTORY:** Senior Secondary School Deputy Head boy  
NC Provincial Youth Leader for Youth on the Move Sports initiatives.  
Provincial Chairperson/Athletics/Taekwondo/Military Pentathlon  
SANDF National Deputy Chairperson Martial Arts (Taekwondo)  
2019 South African Taekwondo Federation Vice-President  
Current South African Taekwondo Federation President
- 5. ACHIEVEMENTS:** USSA Junior Athletics Championships 1994/1996  
NC JKA Senior Champ Light middle weight  
SANDF National Senior Taekwondo Gold Medal 2004/2005/2006/  
SANDF National Military Pentathlon Champion Male Senior 25-30yrs  
CISM World Military Games China 2006 Senior 58kg Gold TKD  
CISM World Military Games Brazil 2010 Senior 75kg Gold TKD  
2019 Pyeongchang World Taekwondo Hanmadang YongPyong-Dome  
2019 Global Taekwondo Masters Training Program
- 6. REFERENCE:** Chancellor Dr. Phd Psc Chris Ballim Solplaatje University  
Arno Pienaar/Marius Lotter (Shido Centurion)  
Grand Master Jung Hyun Cho 8<sup>th</sup> Dan  
KMSC (Kimberley Military Sports Club) Major Liezel Richards  
SANDF Lieutenant General M.B Mbuli (Chief Logistics SANDF)  
Major General S.G Hlongwa (Chief of Staff & Management)  
Ministry of Sports & Recreation S.A  
SASCOC
- 7. LIFESTYLE & FAMILY:** Married with 1 Daughter & 3 boys  
Development & Upliftment of Taekwondo in South  
Africa/Continental/International/Olympic medalist  
Secure opportunities for Masters/Technical  
Directors/Officials/Athletes/Students in general on all levels of Taekwondo  
available Globally with the focus of grooming future relations and  
advantages.